

We now have a Minor Illness clinic on Monday, Wednesday, Thursday and Friday.

This service is run by our Advanced Nurse Practitioner Claire Jones and appointments can be made on the day by contacting reception. The clinic is overseen by our duty doctor.

This Minor Illness Clinic is intended for patients who require advice and treatment for acute conditions only such as:

- Coughs, colds, virus and flu like illness
- Ear, nose and throat infections
- Respiratory, chest infections, asthma and chronic obstructive pulmonary disease (COPD) exacerbations
- Allergies, Hay fever
- Urine infections
- Skin complaints, eczema
- Childhood illnesses/fever
- Musculoskeletal (MSK) complaints i.e. muscle and joint injuries/complaints including low back pain
- Emergency contraception, contraception advice and counselling, period problems
- Abdominal pain i.e. constipation, indigestion and heartburn, diarrhoea and vomiting
- Eye problems i.e. conjunctivitis
- Chest pain (other than those advised to call 999)
- Confirm pregnancy/refer antenatal

The Advanced Nurse Practitioner does NOT see:

- Pregnancy related problems
- Fit notes
- Menopausal Issues
- Mental Health
- Headaches, Dizziness or Migraine
- Diabetes